



འཛོགས་མིན་གྱུ་བ་བསྟན་བཤམ་འད་ལྷུ་བ་གླིང་།

**WOGMIN THUPTEN SHEDRUP LING**

DRIKUNG KAGYU MONASTERY, TSO PEMA



**A**  
**Brief**  
**Introduction**  
**to**  
**the Monastery**

*Routine Activities*  
*and*  
*Services Offered*



The Drikung Kagyu Monastery, P.O. Rewalsar,  
Distt. Mandi, Himachal Pradesh, INDIA - 175023



**Lho Lungkar Gon in Kham, southern Tibet was founded in 1798 by Lho Drubchen Tingzing Sangpo (the 2nd Orgyen Nuden Dorjee), an embodiment of Tibet Great Yogi Milarepa and the Great Mahasiddha of India, Shri Singha.**

The Hagiography states:

*“A hidden land nestled in a white valley in Kham*

*Bearing a mark of Akanisht pure land*

*The center of Buddha Ratnashri’s (Lord Jigten Sumgon) doctrine Known widely as Shedrup Choekyi Ling (Excellent center of learning and accomplishment).”*



The Lho Lungkar Gon Monastery derives its name from Yongzin Phuntsok Namgyal, a disciple of the first Lho Rinpoche Gyalwang Rinchen Phuntsok. He was born in Lhodrak in southern Tibet. The followers referred to him as “the lama from Lho”, meaning from the south. Thereafter, his subsequent incarnations were known as Lhopas. The principle Lho Monastery later branched out into three sub-monasteries, i.e., Lho Miyel, Lho Palme, and Lho Lungkar Gon. Generally speaking, four major spiritual masters from Lho were Lama Lhochen, Lho Jedrung, Lho Chakme, and Lho Kunsang.

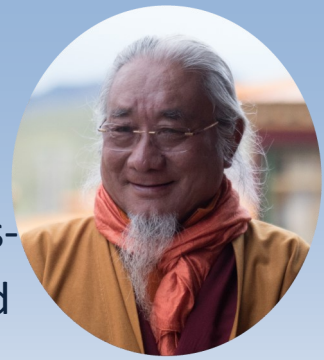
For more information, kindly contact at [wtsl1971@gmail.com](mailto:wtsl1971@gmail.com)

[www.facebook.com/wogminthubten](https://www.facebook.com/wogminthubten)

+91-1905-240 638



The 3rd H.E. Lho Ontul Rinpoche **Ontul Thrinley Rabgyal** was born in 1950. In 1957, His Eminence escaped to Nepal and wandered tirelessly in search of the Buddha Dharma. His Eminence received many oral teachings from various renown masters. His Eminence then set up the second Wogmin Thubten Shedrup Ling Monastery in the holy site of Rewalsar in 1971, where Guru Padmasambhava demonstrated his miraculous powers. The Monastery is now a center for many monks, nuns, followers, and lay devotees for learning, preserving and promoting of the Drikung Kagyu lineage of Tibetan Buddhism in India and abroad.





## The 3rd H.E. Lho Ontul Rinpoche and Lho Karma Ratna Rinpoche, his spiritual son:



The 3rd Lho Ontul Rinpoche, H.E. Ontul Thrinley Rabgyal was born in 1950 to a father named Namgyal Dorje and a mother Paltso.

When he was in mother's womb, his mother heard him shouted, *"I fell down from a cliff and landed in mother's womb. Mother don't worry, Lama protects you."*

His Eminence was the reincarnation of Drogben Kieuchung Lotsawa, who was one of the twenty five disciples of Guru Rinpoche.

His Eminence left Tibet in 1957 and studied the entire range of sutra and tantra texts from many renown masters, and became a learned master of high reputation.

Lho Karma Ratna Rinpoche Orgyen Rangjung Drodul Dorje was born in 1980 as a spiritual heir to H.E. Lho Ontul Rinpoche and recognized as the Quality Emanation of the sixth Lho Drongdul Rinpoche.

Lho Ratna Rinpoche is currently looking after the Monastery in Tsopepa.



## Welcome to Wogmin Thupten Shedup Ling:



The 3rd H.E. Lho Ontul Rinpoche bought a piece of land in Rewalsar in 1971 and established the 2nd Wogmin Thupten Shedup Ling in Rewalsar, India, registered with number 5601/86 under the H.P. Cooperative Society Act XXI, 1860, as a non-profit and a charitable organization to preserve and promote Buddhist culture of non-violence and compassion through the teachings of the Drikung Kagyu lineage in the Himalayan regions. The Monastery is an important seat for the followers of Tibetan Buddhism. The Monastery has become a center for study, contemplation, and meditation on the Buddha Dharma, and thus for promoting global peace and the well-being of all sentient beings.

“May monasteries be well established,  
full of chanting and study.  
May they be learned and cultured,  
receive alms, and have provisions.  
May their mind streams be pure  
and their fame be proclaimed in every direction.  
May the purpose of the Sangha be accomplished.”  
- Shantideva





Since the Monastery's inception, H.E. Lho Ontrul Rinpoche planned and guide in all activities and services offered at the Monastery:



## Yearly Activities (acc. to Lunar Calendar)

### 1st Month

- 1st day: Losar prayer for the Lineage Gurus of Drikung Kagyu
- 10th day: Prayers from Nuden Dorjee treatises
- 13th - 15th: Prayer and retreat session for Milarepa
- Final week: 2nd Semester Exam of the Monastic School



### 2nd month

- Start of the academic year for the monk students

### 3rd Month

- Puja and school

### 4th Month

- 13th to 16th: Retreat of Fasting and offering
- Amitabha puja and retreat at Bir
- Annual Exam for the monk students



### 5th Month

- Summer holiday for one month

### 6th Month

- 13th day: Summer Monsoon Retreat for one and half month



### 7th Month

- Three days relaxation for the monks
- 1st Semester Examination of the Monastic School

### 8th Month

- Start of the half yearly academic session for the monk students

### 9th & 10th Month

- Winter Holiday for one month

### 11th Month

- Dukar Dogpa: 3 days Puja and retreat (for removing all illness & obstacles)
- 24th to 29th day: Achi Puja and offering to the chief deity of the Drikung Kagyu
- 30th day: Smoke Offering



### 12 Month

- Amitabha puja and teachings on Dechen Shingdrup





## Monthly Pujas: (acc. to Lunar Calendar)

- **8th day:** Nuden Dorje Guru Yoga
- **10th day:** Nuden Dorje Heart and Great Blissful Essence Sadhana
- **15th day:** Lord Jigten Sumgon Guru Yoga Puja & Tsok offering
- **25th day:** Yangzab Puja
- **29th day:** Extensive Mahakala Puja
- **30th day:** Buddha Akshobhya Puja



## Daily Schedules:

- 6:00 AM: Waking time
- 6:30 - 8:00 AM: Morning puja
- 8:00 AM: Breakfast
- 9:00 am to 10:00 AM: 1st period/  
academic class
- 10:00 AM: Tea Break
- 10:30 - 11:30 AM: 2nd period/academic class
- 12:00 PM: Lunch Break & Afternoon Rest
- 2:00 - 3:00 PM: 3rd period/academic class
- 3:30 - 4:30 PM: 4th period/academic class
- 4:30 - 5:30 PM: 5th period/Ritual, art, & puja  
class
- 7:00 PM: Dinner
- 7:30 - 9:00 PM: Evening self-study
- 9:30 PM: Bedtime





## **Drikung Pe-Tsek Nang-Cho Lob-Ling (Drikung Lotus Mount Academy of Buddhist Studies)**

The Drikung Lotus Mount Academy of Buddhist Studies, named by H.H. Drikung Chetsang Rinpoche, is a project initiated in 2012 by H.E. Lho Ontul Rinpoche and Ratna Rinpoche.



Tibetan language classes



English language classes

Its aim is to teach the monks the words of the Buddha, how to perform ritual practice in terms of Generation phase and Completion phase, how to play ritual instruments, along with the academic subject: Tibetan, English, Hindi, mathematics and computer use.

When the monks finished their eight years of training, they can either go onto Kagyu College or Sarnath for further studies, or to go on for retreat, or remain at the monastery to perform daily pujas and services.

As in every year, the school has been running smoothly without any problem despite the pandemic. All the monk students have managed to perform well in their examinations. The school have two semester examination in the year. The school has three main teachers who teach Buddhist philosophy, Tibetan and English Languages.

This year the school has 15 monk students from age 6 to 14 years old. Most of the students are from the remote





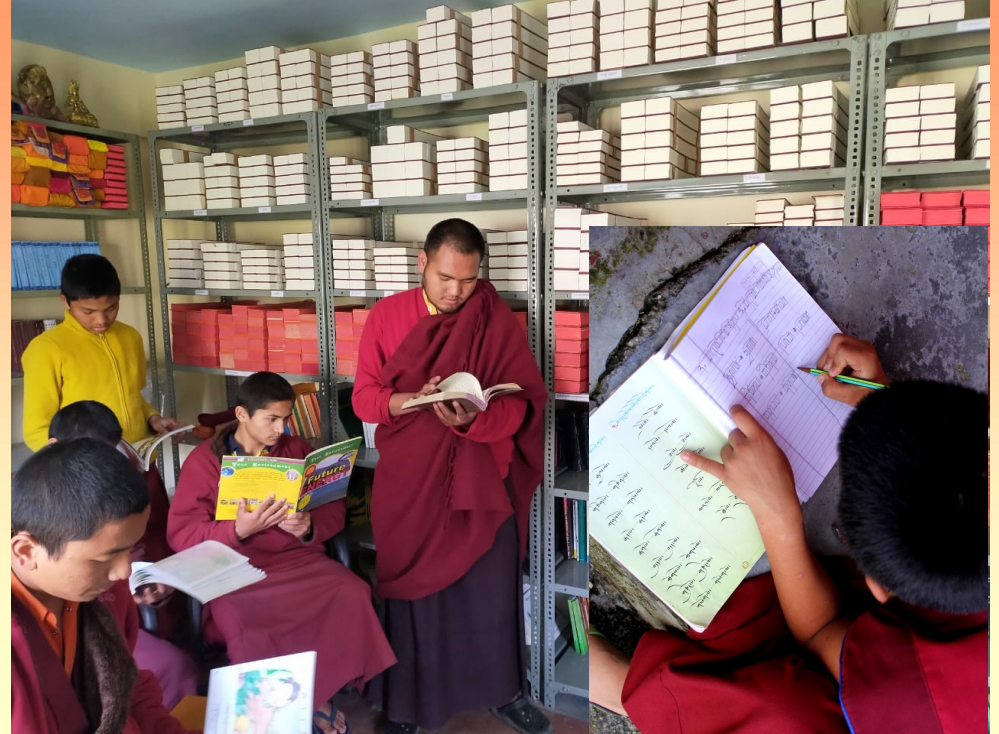


### **The Library with Computer classes:**

With the financial assistance from the Ministry of Culture, the Government of India, the Monastery successfully launched its school library and computer lab for the young monk students.

The area consists 7 desktop computers on the one side and a library on the other side. In the library, we have the entire Tibetan Buddhist Canon in Tibetan language, and an entire Prayer Texts of Drikung Kagyu in Tibetan from Jangchup Ling Monastery, Dehradun. We also have many Buddhist related books in English as well as a collection of the entire major subject volumes under C.B.S.E. board from LKG to 12th standard. We have also purchased other children's illustrated books in English, Tibetan and Hindi for the young novices.

With the help of our language teachers, the monk students are really taking advantages of this facility for their studies and the widening of the mind. We now provide two computer and library classes each week for all the monk students.



### **Education Fund:**

Currently, our monastery can barely provide a very nominal salary for the teachers and with this limited amount, we are finding it difficult to keep teachers with us for very long. We believe that if we could raise some fund for the teachers, then we might manage to attract and maintain good faculty members for the school, but due to these financial constraints and also lack of infrastructure, the school has remained informal till dated.

It is our genuine wish to make our school an affiliated institution either under the state or the central board examination of India in the near future. With this recognition, we are sure that both our teachers as well as monk students will make good use of the initiative, its scope and facilities in their respective fields of life.



### **Mandarava Holy Cave:**

Mandarava was a chief consort-disciple of Guru Padmasambhava who considered her to be a female guru-deity in Tantric Buddhism or Vajrayana.

According to a legend, Mandarava was born a princess in Zahor, near the city of Mandi in Himachal Pradesh, India. She renounced her royal birthright at an early age in order to practice the Dharma. Her devotion led her to bring at least 800 women, including her entire personal retinue, to the path of the Dharma, all before meeting her teacher, Padmasambhava. The place where she meditated is now a holy site to visit for the pilgrimage destination.



### **Protector Deity Achi Choekyi Drolma Temple:**

**Achi Chökyi Drölma** is the Dharma Protector of the Drikung Kagyu. Achi Chokyi Drolma is the grandmother of Jigten Sumgön, the founder of Drikung Kagyu. According to a prophecy in the Cakrasamvara Tantra, it is said, "The head of the Karma Dakinis will come to the area of Tidro cave in Drikung. This will be a Nirmanakaya manifestation of Vajrayogini" The Temple consists of Dharma protectors such as Palden Lhamo, Gonpo Chakshe, Choekoung, and Achi Choekyi Drolma. It is often believed by the devotees that praying to Achi Choekyi Drolma will swiftly bring blessing and good fortune to all.



### **Khorkhang (Prayer Wheel Temple):**

The Monastery has three large prayer wheels containing many secret mantras in them.

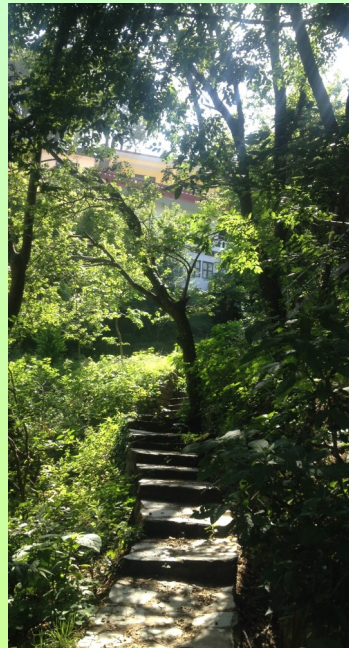
According to the Tibetan Buddhist tradition based on the lineage texts regarding prayer wheels, spinning such wheels will have much the same meritorious effect as orally reciting the prayers.





## Namkha Ling Retreat:

It is a lovely place to do a long or short-term retreat. It has 13 cosy self-contained modern retreat houses have been constructed on the land in a beautiful setting. These provide the perfect space in which to do retreat and practice. The retreat houses overlook the serene lotus lake and the scenery is breathtakingly beautiful. A small library is available for all retreatants and guests. Meals can be provided or self-cooking is possible so as to ensure that one can take full advantages of the precious time to do retreat. The Vegetarian Restaurant is close-by for delicious freshly prepared meals and a shop with necessities is on the premises. The café has a collection books ranging from spirituality to travelogue and Wi-Fi Internet facilities are also available within the complex.



## Emaho Café, Souvenir Shop and Guest house:

To generate an extra income, the Monastery has constructed Emaho café, Souvenir shop and a guest house in its campus.

The Emaho café has cosy seating with a nice view of the holy lake and statue of Guru Padmasambhava. The café provides all the hot and cold beverages and fresh made cheese and fruit cakes. The café is famous for its fresh and unique coffees. It has a small collective of books mainly on travelogue and a Wifi facilities.



**A Souvenir & Gift Shop:** The shop contains all many Dharma related things for bell, vajra, bowl, thangka, prayer flags, white scarfs, decoration things. It also has a wide range of herbal teas from India.



A Guest House consists of 5 decent rooms with T V and attached bathrooms and 6 rooms with common bathroom. The guest room has a wonderful view of the whole town of Rewalsar.





## A Glimpse at the Major Events

Since its inception, the Monastery has received blessings and privileges through visits by many renowned Buddhist masters from all sects of Tibetan Buddhism and offering many teachings, empowerments, and initiations to the monks, nuns, and lay practitioners in Tsopema.



His Holiness the 14th Dalai Lama



H.H. Kyabgon Gongma Trichen Rinpoche



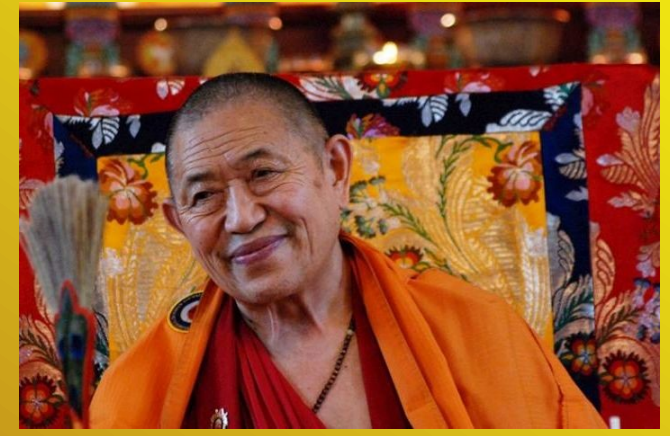
H.H. the 17th Gyalwang Karmapa Rinpoche



H.H. the Drikung Kyabgon Chesang Rinpoche



H.E. Chamgon Khentin Tai Situ Rinpoche



H.E. Garchen Rinpoche



## A Glimpse at the Major Events



H.E. Choje Togden Rinpoche



H.E. Terton Dzogchen Ganor Rinpoche



H.E. the 42nd Sakya Trizin Rinpoche



H.E. Duchom Rinpoche



Nechung Kuten Rinpoche



Rinpoches from Lho Lhungkar Gon, Southern Tibet



## On the Oddiyana Retreat

With a request from his foreign devotees, H.E. Lho Ontrul Rinpoche initiated the first ever Oddiyana retreat in Tsopema, India in 2003. The program was originally planned as ten long years of a guided training and meditation under H.E. Lho Ontrul Rinpoche's tutelage. Later, it was being held on alternative years.

In 2018, we hosted our 8th Oddiyana Retreat at the Monastery. It consisted in for a 7 long day retreat on the Buddha Amitabha. Devotees and followers from India and abroad participated in the event. After the retreat, Rinpoche lead everyone for pilgrimage sites.



H.E. Lho Ontrul Rinpoche giving an Initiation



Chod puja at the Monastery



1st Oddiyan Retreat in 2001



## A Recent Event Concerning Drikung Covid-19 Welfare Measures

Under the auspicious guidance of H.E. Lho Ontul Rinpoche and Ratna Rinpoche la, the Drikung Kagyu Monastery at Rewalsar has organized Covid-19 Welfare Measures in the aim of providing help to the vulnerable daily labourers from other states, poor local Indians and Tibetans living in and around Tsopema. With the generous help and contributions from many individuals and organizations, the Monastery successfully launched many social welfare activities as follows:



The Monastery successfully distributed more than 840 kg of packaged essential food items to 114 migrant labourers' families, 27 poor local Indian families, 26 needy Tibetan families, and 100 slum dwellers in Mandi during the nationwide lockdown in India.

The Monastery distributed medical supplies such as PPE kits, pulse oximeters, digital thermometers, examination gloves, N-95 masks, streamers, hand sanitizers, oxygen cylinder and nebulizer machines to the local Indian governmental departments, the local Tibetan clinic, the Tibetan Women's Association, the Bir Tibetan Society and the Soka school.





## Prayers and Services offered by the Monastery:

### Dedication Prayers for the Deceased:

- Buddha Amitabha Puja
- Buddha Akshobaya Puja
- Vajrasattva Peaceful and Wrathful Puja
- Samantabhadra's King of Aspiration Prayers
- Maitreya Prayer
- Lord Jigten Sumgon Prayer
- Om Mani Prayer by Siddha Chodup
- 35 Buddha Confession Prayer
- Fire Puja



Rs. 2500  
Rs. 2500  
by donation  
by donation  
by donation  
by donation  
by donation  
on request

### General Prayers:

- Three Torma Puja for Removing Hindrances
- Guru Rinpoche Tsok Feast Offering
- Naga Torma Puja

by donation  
Rs. 1500  
Rs. 1000

### General Supplication Prayers:

- The Green Tara Sadhana (includes 21 Praises of Exalted Tara) Rs. 1500
- The White Tara Sadhana (includes 21 Praises of Exalted Tara) Rs. 1500
- Removing Obstacles from the Path by donation
- Spontaneous Wish-fulfilling Prayer by donation

### Obstacles Removing Prayers:

- The Heart Essence for Repelling Obstacles by donation
- White Umbrella Puja by donation
- Lion Face Dakini Prayer for Preventing Obstacles by donation



### Daily Prayers:

- White Tara Sadhana Rs. 1500
- Mahakala Puja Rs. 1500

### Monthly Prayers:

- 8<sup>th</sup> day – Nuden Dorje Guru Yoga Rs. 1500
- 10<sup>th</sup> day – Nuden Dorje Heart and Great Blissful Essence Sadhana. Rs. 2000
- 15<sup>th</sup> day – Lord Jigten Sumgon Guru Yoga Rs. 1500
- 25<sup>th</sup> day – Yangzab Puja Rs. 2000
- 29<sup>th</sup> day – Extensive Mahakala Puja (throughout the day) Rs. 2500
- 30<sup>th</sup> day – Buddha Akshabaya Puja Rs. 2500

### Special Prayers:

- 5 Day Drikung Protector Puja (Achi Chokey Dolma) Rs. 20,000
- The Compendium of short Wisdom Perfection Sutra Rs. 1000
- The Large, Medium and Small Wisdom Perfection Sutra Rs. 5000
- Kangyur – Brief Reading Rs. 2000

### Accumulation of Mantras:

- Please contact the office with your requirements by donation





## Prayers and Services offered by the Monastery:



Butter Lamp Offering	Per Lamp - Rs. 30, 50, & 100/-
	Gyamchoe (108 Set Lamp) - Rs. 500/-
	Tongchoe (108 x 10 Sets Lamp) - Rs. 5000/-
Food Offering	Tea Offering - Rs. 700/-
	Whole Day Food Offering - Rs. 12,000/-
	Breakfast Offering - Rs. 2000/-
	Lunch Offering - Rs. 5000/-
	Dinner Offering - Rs. 5000/-
Common Prayers on donation basis	Green & white Tara puja, long life puja, removing obstacles puja, medicine Buddha puja, Puja for child's health, puja for all sentient beings

## A glimpse of historical pictures of H.E. Lho Ontrul Rinpoche:





## The Sustainable Development Project:

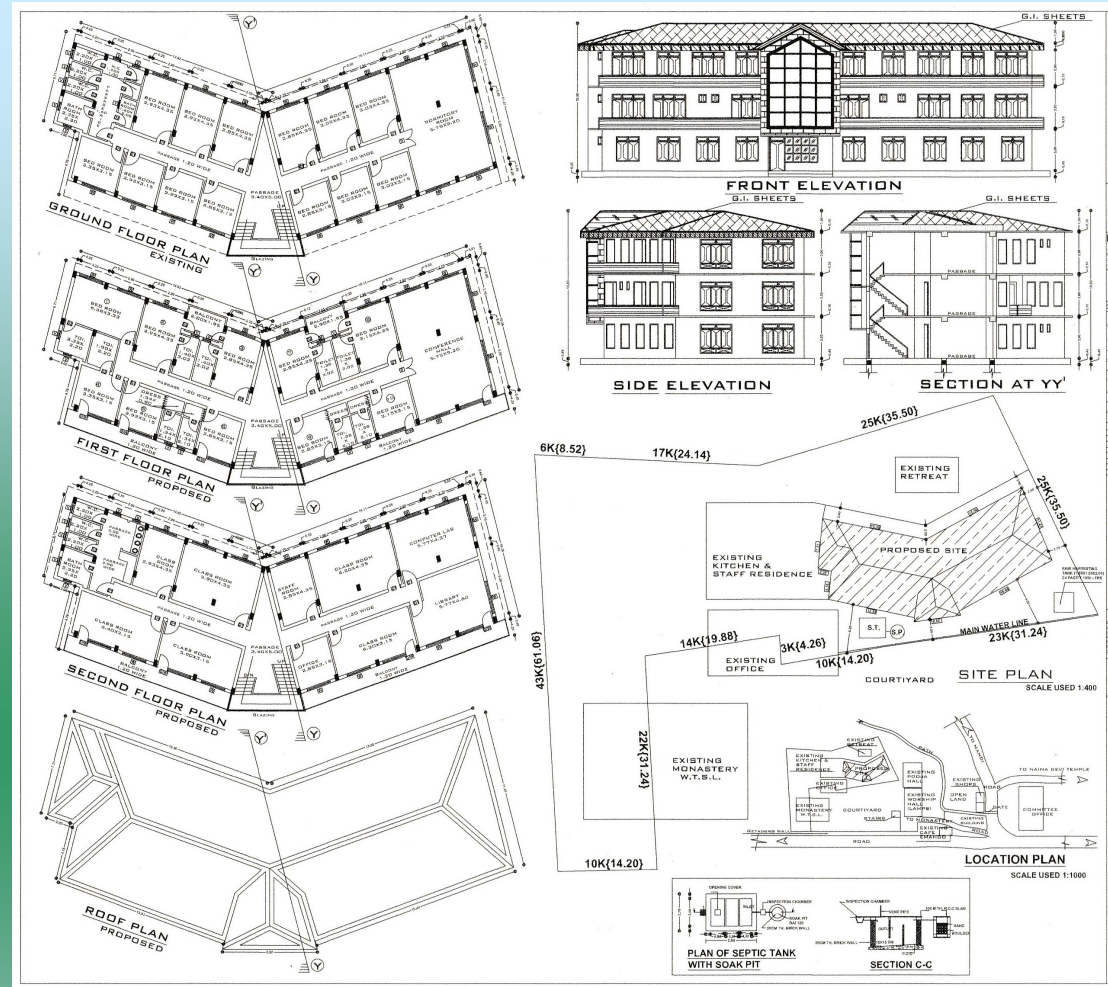
### The Extension of Monks' Residence:

The three story building will include rooms for the elder monks, classrooms, a recreational center, library, computer lab and a dormitory for the visitors. At present, the project is at a standstill due to lack of funds. We hope that with your support, we can continue with this noble project in the near future in order to benefit all the monks, nuns, and novices.

### The Extension of Emaho Cafe and the Guest house:

The Monastery has a small café with a souvenir gift shop and in the future, we are planning to build a bigger cafe and more guest rooms to generate extra income.

Also, the Monastery needs a good storage room for keeping food items dry and safe, as well as a building complex for the residential staff.



## How you can help us ?

We invite your generous support by contributing to the Annual Fund. One of our greatest needs is money to pay for operational expenses (these include food and clothing for the monks, medical expenses, salaries for teachers and staff, transportation and fuel, water, electricity, utilities, communication, repairs and maintenance).

To date, we rely solely on sponsorship and income from pujas and other sources. Our immediate aims are to provide nourishing food, education, shelter, clothing, adequate medical care etc., and to create a caring and healthy environment for our monks, nuns, and students.

All donations large and small generate merit for the giver and any kind of financial or material assistance is greatly appreciated. We rely on your wonderful kindness and generosity. Any fundraising ideas or suggestions are appreciated. Volunteer positions for teaching or assisting at the monastery are also welcomed.

If you cannot be here in person, a wonderful opportunity is still available for you to sponsor a puja, request the lighting of butter lamps or the hanging of prayer flags around Lotus Lake or at the holy Guru Rinpoche caves.

### The FCRA-SBI Account for Foreign Contributions Only:

**Beneficiary Name:** The Drikung Buddhist Dharma Mandir Welfare Society

**Beneficiary Address:** Drikung Kagyu Monastery, PO Rewalsar, Distt. Mandi, H.P. - 175023, INDIA

**SBI Account No.** 40073060320

**SBI Bank Address:** FCRA Cell, 4th Floor, State Bank of India, New Delhi Main Branch,  
11, Sansad Marg, New Delhi-110001

**Branch Code:** 00691

**SWIFT Code:** SBININBB104

**IFSC Code:** SBIN0000691

**Purpose Code:** P1303 (*Donations to religious and charitable institutions in India*)

All the individuals/institutions are requested to provide following information before making contributions to the Monastery's FCRA-SBI Account:

- Name of the donor
- Postal Address of the donor
- Amount of donation
- Copy of Transfer Confirmation (receipt from the donor's bank)

Kindly provide us the purposes if there is any specification.

**Thank You very much**

