

Awakening from the Day & Night Dreams



A 4 day retreat with
Lama Mark Webber

Friday through Monday,
June 23rd - 26th, 2006

At Hvar Town on Croatia's famous Island of Hvar

Join us in an exploration developing awareness of the dream state and the healthy transformation of dreams and fantasies, which is crucial to Awakening.

This retreat combines ancient **Buddhist meditation** and modern approaches to **understanding, transformation and freedom** from night and day dreams. Mark will teach a series of meditations and theory on the nature of dreams (night and day) and fantasies spanning **methods and ideas from ancient Buddhist meditations to Freud, Jung** and recent findings in **psychology and neurophysiology**.

The retreat will begin Friday morning at 10am and continue until Monday at lunch time. There will be an Open Class on Thursday 22nd at 7.30pm in Hvar.



Cost for the 4 days of retreat:

For Mark: suggested € 80 as an offering for the teaching or what you can afford to give.

Retreat fee: € 100

Accommodation fee: €60 shared acc.

Food: Breakfast is €7, lunch is €10, and Dinner is €10

Please e mail Sue at: swarren@clear.net.nz further details, including the address for the Retreat House and a map of how to get there - also suggestions for travel to Hvar and Croatia.

To register please e mail Jamie at: tsering@markwebber.org

www.markwebber.org